# Family Guide for week of March 24th

Deuteronomy 6:6–7 And these words that I command you today shall be on your heart. You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.



## Suggestions on getting started:

- Decide on a time & place (breakfast, dinner, before bed, etc...)
- Start simple and short (ten minutes or less). Start with three things: 1) Read God's word, 2) Pray together and 3) Sing together. Scripture memory and catechism questions are optional if you have the time. Better to start small than bite off more than you can chew and give up.
- Be flexible. It doesn't need to look cookie-cutter similar for every family. Know yourself and know your kids: their personality, age, maturity, etc. [For younger kids consider starting with a good children's Bible like <u>The Big Picture Story</u> <u>Bible</u>.]
- If you don't know the answer to a question someone has, don't act like you
  do! Say something like, "Great question, let me look into that." Study, ask a
  pastor or Christian friend and get back to them.
- Embrace the chaos. Kids are kids don't expect it to be a perfect roundtable discussion with quiet, attentive children every time. Be patient and persistent. Patterns and habits help to set expectations over time.
- To learn more about family worship check out Donald Whitney's book (available at our church bookstall): <u>Family Worship: In the Bible, In History,</u> and In Your Home.

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### **Bible Intake** (Listening to God)

Day 1 – Psalm 18

Day 2 – Psalm 19

Day 3 - Psalm 20

Day 4 - Psalm 21

Day 5 – Psalm 22

\*Read Luke 24:1-12 in preparation for church on Sunday, March 31, 2024

### **Prayer** (Talking to God)

Pray about one thing you read in Scripture together.

Pray for a few church members on pg. 35 of our church directory.

Pray for any specific needs of you and your family.

### Sing together

"All I have is Christ" – use the bulletin from Sunday

#### Memory verses for the month

**Psalm 95:3** "For the Lord is a great God, and a great King above all gods."

**James 1:17** "Every good gift and every perfect gift is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change."

#### Catechism question for the week

Question 37

How does the Holy Spirit help us?

Answer: The Holy Spirit convicts us of our sin, and he enables us to pray and to understand God's Word.

<sup>&</sup>lt;sup>1</sup> New City Catechism (http://newcitycatechism.com/)