# Family Guide for week of February 18th

Deuteronomy 6:6–7 And these words that I command you today shall be on your heart. You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.



## Suggestions on getting started:

- Decide on a time & place (breakfast, dinner, before bed, etc...)
- Start simple and short (ten minutes or less). Start with three things: 1) Read God's word, 2) Pray together and 3) Sing together. Scripture memory and catechism questions are *optional* if you have the time. Better to start small than bite off more than you can chew and give up.
- Be flexible. It doesn't need to look cookie-cutter similar for every family. Know yourself and know your kids: their personality, age, maturity, etc. [For younger kids consider starting with a good children's Bible like <u>The Big Picture Story</u> <u>Bible</u>.]
- If you don't know the answer to a question someone has, don't act like you
  do! Say something like, "Great question, let me look into that." Study, ask a
  pastor or Christian friend and get back to them.
- Embrace the chaos. Kids are kids don't expect it to be a perfect roundtable discussion with quiet, attentive children every time. Be patient and persistent. Patterns and habits help to set expectations over time.
- To learn more about family worship check out Donald Whitney's book (available at our church bookstall): <u>Family Worship: In the Bible, In History,</u> and In Your Home.

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## **Bible Intake** (Listening to God)

Day 1 - John 19:1-16

Day 2 - John 19:17-30

Day 3 - John 19:31-42

Day 4 - John 20:1-18

Day 5 - John 20:19-30

\*Read Revelation 3:1-6 in preparation for church on Sunday, February 25, 2024

## **Prayer** (Talking to God)

Pray about one thing you read in Scripture together.

Pray for a few church members on pg. 31 of our church directory.

Pray for any specific needs of you and your family.

## Sing together

"Solid Rock" – use the bulletin from Sunday

#### Memory verses for the month

Psalm 86:7 "In the day of my trouble I call upon you, for you answer me."

**Proverbs 18:10** "The name of the Lord is a strong tower; the righteous man runs into it and is safe."

## Catechism question for the week<sup>1</sup>

Question 32

What do justification and sanctification mean?

Answer: Justification means our declared righteousness before God.

Sanctification means our gradual, growing righteousness.

<sup>&</sup>lt;sup>1</sup> New City Catechism (http://newcitycatechism.com/)