Family Guide for week of January 28th

Deuteronomy 6:6–7 And these words that I command you today shall be on your heart. You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.



Suggestions on getting started:

- Decide on a time & place (breakfast, dinner, before bed, etc...)
- Start simple and short (ten minutes or less). Start with three things: 1) Read God's word, 2) Pray together and 3) Sing together. Scripture memory and catechism questions are optional if you have the time. Better to start small than bite off more than you can chew and give up.
- Be flexible. It doesn't need to look cookie-cutter similar for every family. Know yourself and know your kids: their personality, age, maturity, etc. [For younger kids consider starting with a good children's Bible like <u>The Big Picture Story</u> <u>Bible</u>.]
- If you don't know the answer to a question someone has, don't act like you
 do! Say something like, "Great question, let me look into that." Study, ask a
 pastor or Christian friend and get back to them.
- Embrace the chaos. Kids are kids don't expect it to be a perfect roundtable discussion with quiet, attentive children every time. Be patient and persistent. Patterns and habits help to set expectations over time.
- To learn more about family worship check out Donald Whitney's book (available at our church bookstall): <u>Family Worship: In the Bible, In History,</u> and In Your Home.

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Bible Intake (Listening to God)

Day 1 - John 12:20-36

Day 2 - John 12:37-50

Day 3 - John 13:1-20

Day 4 - John 13:21-30

Day 5 - John 12:31-38

*Read Revelation 2:8-11 in preparation for church on Sunday, February 4, 2024

Prayer (Talking to God)

Pray about one thing you read in Scripture together.

Pray for a few church members on pg. 28 of our church directory.

Pray for any specific needs of you and your family.

Sing together

"A Mighty Fortress" – use the bulletin from Sunday

Memory verses for the month

Psalm 121:3–6 He will not let your foot be moved; he who keeps you will not slumber. ⁴ Behold, he who keeps Israel will neither slumber nor sleep. ⁵ The Lord is your keeper; the Lord is your shade on your right hand. ⁶ The sun shall not strike you by day, nor the moon by night.

Catechism question for the week

Question 29

How can we be saved

Answer

Only by faith in Jesus Christ and in his substitutionary atoning death on the cross.

¹ New City Catechism (http://newcitycatechism.com/)