

Family Guide for week of September 24th

Deuteronomy 6:6-7 And these words that I command you today shall be on your heart. You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.



Suggestions on getting started:

- Decide on a time & place (breakfast, dinner, before bed, etc...)
- Start simple and short (ten minutes or less). Start with three things: 1) Read God's word, 2) Pray together and 3) Sing together. Scripture memory and catechism questions are *optional* if you have the time. Better to start small than bite off more than you can chew and give up.
- Be flexible. It doesn't need to look cookie-cutter similar for every family. Know yourself and know your kids: their personality, age, maturity, etc. [For younger kids consider starting with a good children's Bible like [The Big Picture Story Bible](#).]
- If you don't know the answer to a question someone has, don't act like you do! Say something like, "Great question, let me look into that." Study, ask a pastor or Christian friend and get back to them.
- Embrace the chaos. Kids are kids – don't expect it to be a perfect roundtable discussion with quiet, attentive children every time. Be patient and persistent. Patterns and habits help to set expectations over time.
- To learn more about family worship check out Donald Whitney's book (available at our church bookstall): [Family Worship: In the Bible, In History, and In Your Home](#).

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Bible Intake (*Listening to God*)

Day 1 – Proverbs 1:1-19
Day 2 – Proverbs 1:20-33
Day 3 – Proverbs 2:1-22
Day 4 – Proverbs 3:1-12
Day 5 – Proverbs 3:13-35

**Extra: Read Genesis 43 in preparation for church on Sunday, October 1st*

Prayer (*Talking to God*)

Pray about one thing you read in Scripture together.
Pray for a few church members on pg. 10 of our church directory.
Pray for any specific needs of you and your family.

Sing together

"A Mighty Fortress" – use the bulletin from Sunday or check here:

<https://www.youtube.com/watch?v=-ZwFSBxyL5c>

Memory verses for the month

Proverbs 3:5 "Trust in the LORD with all your heart, and do not lean on your own understanding"

Psalms 1:6 "...for the LORD knows the way of the righteous, but the way of the wicked will perish."

Catechism question for the week¹

Question 10

What does God require in the fourth and fifth commandments?

Answer

Fourth, that on the Sabbath day we spend time in worship of God. Fifth, that we love and honor our father and our mother.

¹ New City Catechism (<http://newcitycatechism.com/>)